Madhouse of Spirits

& ghosts must do again / what gives them pain.
—Auden

I unwrap a bar of amaranth soap & wash my own mouth the way Mama used to do when I'd been profane— I'm trying not to become the kind of parent I feel bound to (all this screaming, this relentless motherloving fear). I think hard about Charlie Gordon as a boy in Flowers for Algernon, how he couldn't hold his mess & made it on the floor, how he couldn't understand his mother's screamings & beatings & why she sent him to the sanitarium. The mother eye isn't all it's cracked up to be. My own mother used to wail as she spanked me with a wooden paddle—I still imagine the hole where the rubber ball should go, its one blind eye blinking. When I dream, to stop the train, I must split myself in two: one of me is metal-hinged & crushed, the other, with chest pain but living. I wake with heartburn. How does one extract the violent bone without mining that poor child's spine?

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