## At McClure's Beach, Point Reyes National Seashore, California

I would ask my family

Wait for a foggy afternoon, late May, after a rainy winter so that all the wildflowers are blooming on the headland. Wait for honey of lupine. It will rise around you, encircle you, from vast golden bushes as you take the crooked trail down from the parking lot. Descend earth's cleft, sweet winding declivity where California poppies lift up their chalices, citrine and butterscotch, and phlox blows in the wisps of fog, every color of white and like the memory of pain, and like first dawn, and lavender. Where goldfinches, nubbins of sunlight, flit through the canyon. Walk one by one or in small clusters, carrying babies, children holding your hands—with your eyes, your oval skulls, your prodigious memories or skills with the fingers. Your skirts or shirts will flirt with the wind, and small brown rabbits will run in and out, you'll see their ears first, nested in the grasses, then the bob of fleeting hindquarters.

Now come to the sand, the mussel shells, broken or open, iridescent, color of crows' wings in flight or purple martins, and the bullwhips of sea kelp, some like frizzy-headed voodoo poppets, some like long hollow brown or bleached phalluses. The X X birdprints running

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across the scalloped sand will leave a trail of stars, look at the black oystercatcher, the scamp with the long red beak, it's whizzing along in its courtship dance. Look at the fog, above you now on the headland, and know how much I love the fog. Don't cry, my best beloveds, it's time to scatter me back now. I've wanted this all my life. Look at the cormorants, the gulls, the elegant scythed whimbrel, do you hear its quiquiquiquiqui rising above the eternal Ujjayi breath, the roar and silence and seethe and whisper, the immeasurable insweep and release of ocean.